

# What results have you achieved?

(learn software, write report, join club, teach how to ..., throw party, help neighbor, travel, etc.)

## List skills and traits you used to achieve the results.

### TRAITS:

- \_\_\_ Accurate
- \_\_\_ Ambitious
- \_\_\_ Assertive
- \_\_\_ Careful
- \_\_\_ Cheerful
- \_\_\_ Concise
- \_\_\_ Confident
- \_\_\_ Considerate
- \_\_\_ Consistent
- \_\_\_ Decisive
- \_\_\_ Dependable
- \_\_\_ Disciplined
- \_\_\_ Efficient
- \_\_\_ Energetic
- \_\_\_ Enthusiastic

- \_\_\_ Flexible
- \_\_\_ Friendly
- \_\_\_ Goal-Oriented
- \_\_\_ Handle stress
- \_\_\_ Hardworking
- \_\_\_ Helpful
- \_\_\_ Honest
- \_\_\_ Independent
- \_\_\_ Loyal
- \_\_\_ Motivated
- \_\_\_ Neat
- \_\_\_ Open-minded
- \_\_\_ Organized
- \_\_\_ Outgoing
- \_\_\_ Patient
- \_\_\_ Persistent

- \_\_\_ Positive
- \_\_\_ Productive
- \_\_\_ Respectful
- \_\_\_ Responsible
- \_\_\_ Self-starter
- \_\_\_ Team player
- \_\_\_ Thorough
- \_\_\_ Tolerant
- \_\_\_ Willing to learn

### SKILLS:

- \_\_\_ analyzing
- \_\_\_ budgeting
- \_\_\_ communicating
- \_\_\_ computing
- \_\_\_ coordinating
- \_\_\_ creating

- \_\_\_ goal setting
- \_\_\_ leading
- \_\_\_ learning
- \_\_\_ listening
- \_\_\_ managing
- \_\_\_ motivating
- \_\_\_ negotiating
- \_\_\_ networking
- \_\_\_ organizing
- \_\_\_ persuading
- \_\_\_ planning
- \_\_\_ prioritizing
- \_\_\_ researching
- \_\_\_ selling
- \_\_\_ teaching
- \_\_\_ writing

**Result:** \_\_\_\_\_

Skills & Traits used \_\_\_\_\_

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