



March 4-10, 2023

L.A. County Vote Center on Campus

Early Voting - February 24-March 4 from 10 am–7 pm

Election Day - Tuesday, March 5 from 7 am–8 pm

Vote Center: Cafeteria - Student Union ([view map](#))

Mail-In-Ballot Drop Box: Parking Lot G ([view map](#))

LA Valley College, in collaboration with the Los Angeles County Registrar of Voters, is a [multi-day Voting Center](#) location for the 2024 Primary Election. The voting center on campus and the Mail-In-Vote Ballot Box is open to the public from February 24 - March 4.

Mindfulness Monday: Zoom Meditations

Monday, March 4 from 12-1 p.m.

Online (Zoom)

Join us for [Mindfulness Mondays: Zoom Meditations](#). The day's topic is Motivation. Motivation encompasses the desire to continue striving toward meaning, purpose, and a life worth living. Learn to center the mind, body, and spirit through guided meditations.

Basic Needs Week 2024

Basic Needs Week is a series of campus events focusing on Mental Health, Transportation and Technology, Housing, and Childcare Assistance issues.

[Basic Needs Week: Mental Health](#)

Monday, March 4 from 12-1:30 p.m.

Monarch Square ([view map](#))

The Basic Needs Center will host a resource fair, where campus and community-based resources will be giving out information about mental health resources. This event is open to all students.

[Basic Needs Week: Transportation and Technology](#)

Tuesday, March 5 from 1-2:30 p.m.

Monarch Square ([view map](#))

The Basic Needs Center will be giving out information about transportation and technology resources. This event is open to all students

[Basic Needs Week: Housing](#)

Wednesday, March 6 from 10-11:30 a.m.

Monarch Square ([view map](#))

The Basic Needs Center will be giving out information about housing resources. This event is open to all students.

[Basic Needs Week: Childcare and Student-Parent Assistance](#)

Thursday, March 7 from 12-1:30 p.m.

Monarch Square ([view map](#))

The Basic Needs Center will be giving out information about childcare resources for student-parents. This event is open to all students.

ASU Club Day

Tuesday, March 5 from 10 a.m.-1 p.m.

Student Union Plaza ([view map](#))

Join us for an epic celebration at [ASU Club Day](#)! Meet and support our vibrant array of clubs, channel your creativity with mural painting, and honor Pi Day in style. For just \$5, you can also indulge in the sweet satisfaction of pie-ing someone in the face—let the festivities begin! Food for students who have paid their Spring \$10 ASO Fee.

Wellness Wednesday: Take a Break with Us

Wednesday, March 6 from 12-2 p.m.

Monarch Square ([view map](#))

Your best work comes when you're being your best self at [Wellness Wednesday](#). Find solace in the embrace of nature and discover the power of meditation in green spaces. Embrace the tranquility and let your mind find its center. We provide headphones with soothing sounds, a mat, an eye mask, so you can hit pause on your day and improve your well-being.

FREE Writing Workshop

Wednesday, March 6 from 1-2:30 p.m.

Online (Zoom)

This online interactive [Writing Workshop called Become an Expert Reader! The 3 Pass Approach](#) will help you improve your writing, grammar, and be ready for Final papers and projects.

Twilight Tutoring: Evening Study Lounge & Tutoring

Wednesday, March 6 from 6-10 p.m.

LARC 226 (2nd Floor of Library & Academic Resource Center) ([view map](#))

Need a place to study in the evenings with free coffee and snacks? Visit the ARC's Study Lounge with comfy chairs, couches, tables, and whiteboards. It's the perfect place to study or connect with a tutor for math, statistics, or writing.

FREE Math Success Workshop

Thursday, March 7 from 1-2:30 p.m.

Online (Zoom)

Join us for a [Math Success Workshop on Compound inequalities and Absolute value equations](#). If it's been a while since you took math or if math was never your favorite subject, this workshop can succeed in your math class!

Baseball vs. Glendale & Softball vs. Bakersfield

Thursday, March 7 – Baseball at 2 p.m., Softball at 2:30 p.m.

Baseball & Softball Fields ([view map](#))

Baseball and Softball will host a Western State Conference double-header on Thursday, March 7. Baseball will begin the day with a game against Glendale at 2:00 p.m. Following at 2:30 p.m., Softball will play Bakersfield. For more information please visit [LAVC Athletics](#).

Mr. Burns: A Post-Electric Play

Thursday-Saturday, March 7-9 at 7:30 p.m. &

Saturday-Sunday, March 9-10 at 2:30 p.m.

Monarch Hall - Campus Center, 1st Floor ([view map](#))

The LAVC Theater & Dance Department proudly presents [Mr. Burns: A Post-Electric Play](#), written by and lyrics by Anne Washburn with music by Michael Friedman. Six survivors of an unspecified apocalypse gather at a campfire and recount the 1993 "Cape Feare" episode of The Simpsons. Through this nostalgic journey, they explore culture, consumerism, and the power of stories to survive the hardest and harshest of times. *Trigger Warning: Gunshots and discussions of violence.*

ASU First Aid & CPR Training

Friday, March 8 from 10 a.m.-1 p.m.

Skybox Conference Room – SU 215 (Student Union, 2nd floor)

The ASU is proud to sponsor a comprehensive First Aid & CPR training session aimed at equipping students with essential life-saving skills. Led by certified instructors, this training covers basic first aid techniques, including wound care, choking relief, and emergency response procedures. Space is limited to 20 people.

FREE Math 227 Workshop

Friday, March 8 from 3-4:30 p.m.

Hybrid - Online (Zoom) & LARC 212 ([view map](#))

This hybrid [Math 227 Workshop on Chapter 5 Probability, Binomial & Poisson Distribution](#) is tailored to the content being taught by your Math 227 professor and will help you prepare for test and exams, so you understand the content and earn higher grades.

FREE Writing Workshop: Plagiarism and Academic Writing

Saturday, March 9 from 10-11:30 a.m.

Online (Zoom)

This interactive [Writing Workshop on Plagiarism and Academic Writing](#) will help you improve your writing, grammar, and be ready for Final papers and projects.

Vote in the Primary Elections on March 5th!

Vote on March 5, 2024, and make your voice heard in the primary elections. There is an [on-campus Vote Center](#) conveniently located at our Cafeteria in the Student Union. Don't miss this opportunity to shape the future—swing by, cast your ballot, and let your voice count.

Get Your FREE Metro GoPass!

Did you know? As an LAVC student, you are eligible for a Metro GoPass TAP Card at NO COST! Simply stop by the [Welcome Center](#), or the [Business Office](#) to get your today!

Need to Use a Computer, Copier, or Printer?

Stop by the [ARC Computer Commons](#) on the 2nd floor of the Library & Academic Resource Center. We have computers, b&w / color printing and copying, a high-resolution scanner, two study rooms, and dedicated staff to assist you. We are open Monday-Thursday from 7 a.m.-7:15 p.m., and Friday from 7 a.m.-3:45 p.m. in LARC 234.

Earn College Credit Working, Interning, or Volunteering this Spring!

[LAVC Cooperative Education \(COOP ED\)](#) is a program that allows students to earn up to four college units for their work, internship, and volunteer experience. Credit earned is CSU transferable. Check out our College Central Network (CCN) job board for the latest [Job Opportunity Listing](#). Need help signing up? Contact us at coop@lavc.edu or call (818) 947-2334.

Apply for an LAVC Foundation Scholarship

The Valley College Foundation has over 250 Scholarships with over \$160,000 available! To apply: Log in to your [mycollege.laccd.edu Student Portal](https://mycollege.laccd.edu), click on the “Scholarship Tile”, and then click on “Login Here” next to the Student Log In. The application deadline is March 15, 2024. If you have questions, contact the foundation@lavc.edu or call (818) 947-2619.

Join the Monarch Passport Challenge!

Get ready to spread your wings and embark on an exciting journey with the Monarch Passport Challenge! By participating in a minimum of 10 activities or events, you'll not only enrich your college experience but also get a chance to win fantastic prizes! For more info please email campuslife@lavc.edu.

Run for Student Council

The Associated Student Union is looking for students who want to be in student government for the 2024/2025 Academic Year. Student Government Reps get a monthly stipend and a notation on their transcript. It looks great on college applications! For more info and to apply, visit the [ASU Elections page](#) or email asu@lavc.edu. Deadline to apply is March 22, 2024 at 1PM.

Get Ahead with a 2nd 8-Week Class! Enroll Now

Take an extra class this Spring to help you finish faster! We've got in-person, online and hybrid classes that start later in the semester (“late-start”). Check our [Class Schedule page](#) for a list of Spring 2024 Late-Start classes. You can enroll using the [myCollege.laccd.edu Student Portal](https://myCollege.laccd.edu). If you need registration assistance, please contact our [Welcome Center](#).

Looking for a Job? Check out College Central Network!

Do you need help finding a job? Register for the College Central Network (CCN) and check out our [Job Opportunity Listing](#). CCN is a gateway to a career advancement network that provides leading-edge technology for connecting employers with qualified emerging talent quickly and

easily. CCN is free for any student enrolled at LAVC and community residence. If you need assistance setting up your CCN account, contact us at coop@lavc.edu or call 818-947-2334.

Free AI Training: Elevate Your Skills with Microsoft LinkedIn Learning

Unlock the future with free AI training at Los Angeles Valley College! Take the [Microsoft LinkedIn Learning course, Career Essentials in Generative AI](#), for essential skills. Finish the training and receive a free one-year [LinkedIn Premium membership](#) (\$360 value). Enroll now for invaluable skills in a changing job market. Limited availability until June 2024.

See's Candy Fundraiser

Support the LAVC Foundation by purchasing See's Candy now until March 15. Buy a sweet treat and a percentage of all purchases will directly support programs on our campus. Order online at [See's Yum-Raising: LAVC Foundation \(yumraising.com\)](https://yumraising.com). For more information, contact foundation@lavc.edu or (818) 947-2619.

Upcoming Events

[Art Gallery Exhibition](#): *The shell in the clouds, Ma' Conch't Do'T Nub'T, El caparazón en las nubes*. New work by Pável Acevedo

March 11 - April 26 in the Art Gallery

This exhibition explores and celebrates innate human rebelliousness, autonomy, and self-determination, inspired by the oral Zapotec stories and truths that were documented by Indigenous ancestors. This event is presented in partnership with the LAVC Puente program.

[Mindfulness Mondays: Zoom Meditations \(Body Appreciation\)](#)

Monday, March 11 from 12-1 p.m. on Zoom

The day's topic is Body Appreciation. Focusing on body appreciation helps individuals in the favorable evaluation of appearance, body-related self-esteem, and various indicators of psychological well-being. Learn to center the mind, body, and spirit through guided meditations.

[Wellness Wednesdays: Take a Break with Us](#)

Wednesday, March 13 from 12-2 p.m. in Monarch Square

Your best work comes when you're being your best self. Find solace in the embrace of nature and discover the power of meditation in green spaces. We provide headphones with soothing sounds, a mat, an eye mask so you can hit pause on your day and improve your well-being.

[ASU Mario Kart Tournament](#)

Thursday, March 14 from 3:30-6:30 p.m. in the Lion's Den Game Room (SU 207)

Don't miss out on this exciting opportunity to connect with fellow students and unleash your inner Mario Kart champion. Mark your calendars and get ready to race – we'll see you at the starting line! Food for students who have paid their Spring \$10 ASO Fee.

[Regain Your Balance: Let's Talk About Anxiety](#)

Thursday, March 21 from 1-2 p.m. in the SU 216

Chere Bushae, USC MSW intern, will present an information session on anxiety. Learn the definition, impact, and triggers of anxiety. Come away empowered with copings skills and techniques to reduce anxiety in your life.

[ASU Campus Clean-Up](#)

Monday, March 25 from 10-11:30 a.m. in the Student Union Plaza

Join us for a campus clean up to ensure that our campus remains clean! Food will be provided for paid ASO members! FREE food for students who have paid their Spring \$10 ASO Fee.

[ASU Loteria Night](#)

Thursday, March 28 from 3-6 p.m. at Campus Center's Monarch Hall

Join us for an evening filled with laughter, snacks, and the classic game of Loteria. Dress up as your favorite Loteria card and immerse yourself in the excitement—don't miss out on this unforgettable event. FREE food for students who have paid their Spring \$10 ASO Fee

For a complete list of upcoming events, check the [LAVC Events Calendar](#).

LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the event organizer listed in the link above as soon as possible, but no later than ten (10) business days prior to the event.