



**February 26-March 3, 2024**

## Puente Program Student Mixer

**Monday, February 26 from 12-2 p.m.**

*The Mosaic Village: Unity Center – CC 127 ([view map](#))*

Come join the Puente Program as they host a student mixer with food and drinks for their members and prospective members of their program. For more information contact Ruth Vasquez ([vasquerb@elac.edu](mailto:vasquerb@elac.edu))

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## ASU Executive Council Meeting

**Tuesday, February 27 from 2-5 p.m.**

*Skybox Conference Room - SU 215 ([view map](#))*

The [ASU Executive Council meeting](#) is just around the corner. Join us for a dynamic and productive session where we'll discuss important matters concerning our student body.

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## ASU Mural Painting

**Tuesday, February 27 from 10 a.m.-12 p.m.**

*Student Union Plaza ([view map](#))*

Join us in our [Mural Painting Day](#) to advocate for the International Women' Day! FREE food for students who have paid their Spring \$10 ASO Fee.

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## BHM: Valley Young Black Scholars Day & Heritage Celebration

**Wednesday, February 28 from 9:30 a.m.-2 p.m.**

*South Gym & Student Union Plaza ([view map](#))*

LAUSD North high school and middle school black scholars will be on-campus for [Valley Young Black Scholars Day](#). It is a fun and informative day featuring resources, community partners, performances, and more!

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## Wellness Wednesday: Take a Break with Us

**Wednesday, February 28 from 12-2 p.m.**

*Monarch Square ([view map](#))*

Your best work comes when you're being your best self. Find solace in the embrace of nature and discover the power of meditation in green spaces at [Wellness Wednesdays](#). Embrace the tranquility and let your mind find its center. We provide headphones with soothing sounds, a mat, an eye mask so you can hit pause on your day and improve your well-being.

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## New Student Veterans Orientation (NSVO)

**Wednesday, February 28 from 1-3 p.m.**

*SSC 245 ([view map](#))*

Calling all new or returning student veterans and military affiliated (reservists, dependents, spouses)! Come get information on veteran specific topics at our [New Student Veterans Orientation](#), including using their VA educational benefits and certification requirements, additional programs and services to support their goals, and meet other vets.

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## BHM: Holistic Healing And Wellness Workshop with Randy Butler

**Thursday, February 29 from 1-3 p.m.**

*Monarch Square ([view map](#))*

LAVC Umoja Black Scholars invites you to a [Holistic Healing And Wellness Workshop with Randy Butler](#) that focuses on nurturing the African American community's mental, physical, and

spiritual health. Emphasizing cultural heritage, it offers yoga, meditation, nutrition advice, and discussions on historical resilience and contemporary wellness strategies.

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## Baseball vs Orange Coast College

**Friday, March 1 at 1 p.m.**

Baseball Field ([view map](#))

Baseball hosts Orange Coast College for an end of the week match up on Friday, March 1, at 1:00 p.m. on the Baseball Field. For more information, visit [LAVC Athletics](#).

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## LAVC Foundation Scholarship Applications Now Open—Apply Now!

The Valley College Foundation has over 250 Scholarships with over \$160,000 available! To apply: Log in to your [mycollege.laccd.edu Student Portal](https://mycollege.laccd.edu), click on the “Scholarship Tile”, and then click on “Login Here” next to the Student Log In. The application deadline is March 15, 2024. If you have questions, contact the [foundation@lavc.edu](mailto:foundation@lavc.edu) or call (818) 947-2619.

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## Now Enrolling! Check Out our Late-Start Class List!

Take an extra class this Spring to help you finish sooner! Check our [Class Schedule page](#) for a list of Spring 2024 Late-Start classes, classes that start later in the semester (“late-start”). You can enroll using the [myCollege.laccd.edu Student Portal](https://myCollege.laccd.edu). If you need registration assistance, please contact our [Welcome Center](#).

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## LAVC Welcome Center is Here to Help!

Got questions or not sure where to find something at Valley? Let our [Welcome Center](#) assist you! Drop in to get answers to your general questions and help registering on Monday-Thursday, 8 a.m.-7 p.m. & Friday, 8 a.m.-1 p.m. (except on holidays).

- **In-person assistance** - Welcome Center, 1st Floor of the Student Services Center (SSC) ([View campus map](#))
- **Chat live** - [Welcome Center Virtual Lobby \(craniumcafe.com\)](https://welcomecenter.laccd.edu)
- **Phone** - [\(818\) 938-8418](tel:8189388418) (press 1 for Welcome Center)
- **Email** - [LAVCStudentSupport@laccd.edu](mailto:LAVCStudentSupport@laccd.edu)

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## Stay Ahead in Your Class—Connect with a Tutor Today!

The Academic Resource Center (ARC) provides free, award-winning online and in-person tutoring for English, math, statistics 101, and many other courses! Visit the [ARC's website](#) for hours, information, and additional resources.

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## ASU Membership: Unlock All the Perks of being an LAVC Student!

Would you like access to Associated Student Union (ASU) member-only scholarships, join or charter a club, win prizes, free food at events and more? Just pay your \$10 ASU semester membership fee. You can pay it in the Business Office or through your SIS Portal. To learn about all the benefits, visit the [ASU page](#).

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## Run for Student Council

The Associated Student Union is looking for students who want to be in student government for the 2024/2025 Academic Year. Student Government Reps get a monthly stipend and a notation on their transcript. It looks great on college applications! For more info and to apply, visit the [ASU Elections page](#) or email [asu@lavc.edu](mailto:asu@lavc.edu). Deadline to apply is March 22, 2024 at 1PM.

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## Join the Monarch Passport Challenge!

Get ready to spread your wings and embark on an exciting journey with the Monarch Passport Challenge! By participating in a minimum of 10 activities or events, you'll not only enrich your college experience but also get a chance to win fantastic prizes! For more info please email [campuslife@lavc.edu](mailto:campuslife@lavc.edu).

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## Upcoming Events

### [Mindfulness Mondays Zoom Meditations: Motivation](#)

*Monday, March 4 from 12-1 p.m. on Zoom*

Let's practice Motivation! Motivation encompasses the desire to continue striving toward meaning, purpose, and a life worth living. Learn to center the mind, body, and spirit through guided meditations.

### [Wellness Wednesdays: Take a Break with Us](#)

*Wednesday, March 6 from 12-2 p.m. in Monarch Square*

We provide headphones with soothing sounds, a mat, an eye mask so you can hit pause on your day and improve your well-being.

### [FREE Writing Workshop](#)

*Wednesday, March 6 from 1-2:30 p.m. on Zoom*

This interactive workshop on “Become an Expert Reader! The 3 Pass Approach” will help you improve your writing, grammar, and be ready for Final papers and projects.

### [Twilight Tutoring: Evening Study Lounge & Tutoring](#)

*Wednesdays, March 6-May 22 from 6-10 p.m. in LARC 226*

Need a place to study in on Wednesday evenings with free coffee and snacks? Visit the ARC's Study Lounge with comfy chairs, couches, tables, and whiteboards. It's the perfect place to study or connect with a tutor for math, statistics, or writing.

### [FREE Math Success Workshop](#)

*Thursday, March 7 from 1-2:30 p.m. on Zoom*

Join us for a Math Success Workshop on “Compound inequalities and Absolute value equations”. If it's been a while since you took math or if math was never your favorite subject, this workshop can succeed in your math class!

### [First Aid & CPR Training](#)

*Friday, March 8, 2024 from 10 a.m.-1 p.m. in the Skybox Conference Room (SU 215)*

Led by certified instructors, this training sponsored by the ASU will cover basic first aid techniques, including wound care, choking relief, and emergency response procedures. Space is limited to 20 people. [Sign up online](#) by March 1.

### [FREE Math 227 Workshop](#)

*Friday, March 8 from 3-4:30 p.m. on Zoom*

This “Chapter 5 Probability, Binomial & Poisson Distribution” session is tailored to the content being taught by your Math 227 professor and will help you prepare for test and exams, so you understand the content and earn higher grades.

### [FREE Writing Workshop: Plagiarism and Academic Writing](#)

*Saturday, March 9 from 10-11:30 a.m. on Zoom*

This interactive “Plagiarism and Academic Writing” workshop will help you improve your writing, grammar, and be ready for Final papers and projects.

### **LAVC Art Gallery Exhibition: *The shell in the clouds, Ma’ Conch’t Do’T Nub’T, El caparazón en las nubes.* New work by Pável Acevedo**

*March 11 - April 26 in the Art Gallery*

The new exhibition explores and celebrates innate human rebelliousness, autonomy, and self-determination, inspired by the oral Zapotec stories and truths that were documented by Indigenous ancestors. There will be an [Artist Reception on March 27 at 12 p.m.](#), presented in partnership with the LAVC Puente program.

### [Mario Kart Tournament](#)

*Thursday, March 14, 2024 from 3:30-6:30 p.m. in the Lion’s Den Game Room (SU 207)*

Don't miss out on this exciting opportunity to connect with fellow students and unleash your inner Mario Kart champion. Mark your calendars and get ready to race – we'll see you at the starting line! Food for students who have paid their Spring \$10 ASO Fee.

### [ASU Campus Clean-Up](#)

*Monday, March 25 from 10-11:30 a.m. in the Student Union Plaza*

Join us for a campus clean up to ensure that our campus remains clean! Food will be provided for paid ASO members! FREE food for students who have paid their Spring \$10 ASO Fee.

For a complete list of upcoming events, check the [LAVC Events Calendar](#).

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*LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the event organizer listed in the link above as soon as possible, but no later than ten (10) business days prior to the event.*