




# 2025 CALWORKS WORKSHOPS

These workshops are for CalWORKS students only. You must be enrolled in the CalWORKS office at LAVC in order to attend. Informational workshops are facilitated by college staff, community organizations, and industry leaders.

More workshops on back 

## TIME MANAGEMENT SEP 24, OCT 22, NOV 20 12:00PM - 1:00PM

Discover effective time management strategies for balancing a busy schedule.

Zoom: <https://laccd.zoom.us/j/87961541945>  
Meeting ID: 879 6154 1945

## TOXIC RELATIONSHIPS AND DV RESOURCES OCT 1, OCT 29, NOV 25 12:00PM - 1:00PM

Recognize the indicators of a toxic relationship and explore available resources for domestic violence support.

Zoom: <https://laccd.zoom.us/j/87961541945>  
Meeting ID: 879 6154 1945

## TRANSITION FROM NON-CREDIT TO CREDIT COURSES OCT 13, NOV 13 11:30AM - 12:30PM

This workshop is for English language learners, led by an academic counselor/ESL professor, who will explain the transition process from non-credit to credit ESL courses.

**CalWORKs computer lab.**

## HOW TO OBTAIN FREE LEGAL ASSISTANCE FOR FAMILY LAW MATTERS SEP 23 (MORE DATES TBA) 12:00PM - 1:00PM

This workshop offers essential information on family law and how to access free legal aid from the Harriett Buhai Center for Family Law and other resources in Los Angeles.

Zoom: <https://laccd.zoom.us/j/87067850307>  
Meeting ID: 870 6785 0307



**FALL '25 SEMESTER**



**CALWORKS@LAVC.EDU**



**LAVC CALWORKS PROGRAM  
ACA 1101**

5800 Fulton Ave. Valley Glen, CA 91401



**(818) 947-2976**



Attention CalWORKs Students:  
You can attend as many workshops as you like!  
The more you attend, the better your chances of  
being entered into an opportunity drawing at the  
end of the semester!

Schedule subject to change without notice.

More workshops 

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[CALWORKS@LAVC.EDU](mailto:CALWORKS@LAVC.EDU)



**LAVC CALWORKS PROGRAM  
ACA 1101**

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*Is there a specific workshop you would like us to offer? Email your suggestion to [calworks@lavc.edu](mailto:calworks@lavc.edu).*

*Schedule may change without notice.*

**COFFEE WITH CALWORKS  
SEP 12, OCT 10, NOV 14, DEC 12  
10:00AM - 11:00AM**

Bring your favorite mug and join us for a cozy coffee chat! Our friendly CalWORKs staff will be here to answer your questions about college, resources, and support — all while you enjoy good coffee and great company.  
**CalWORKs computer lab.**

**UNIVERSITY TRANSFER PROCESS  
OCT 14, NOV 14  
11:30AM - 12:30PM**

This workshop provides information to students on the process and requirements of completing transfer applications.  
**CalWORKs computer lab.**

**FINANCIAL LITERACY  
EVERY FRIDAY STARTING SEP 26  
12:00PM - 1:00PM**

This workshop equips students with vital money management skills, including budgeting, saving, credit, and debt management.

Zoom Meeting ID: 558 941 6993  
Passcode: 857463

**PROPER EMAIL ETIQUETTE  
SEP 25, OCT 30, NOV 20, DEC 18  
10:00AM - 11:00AM**

This workshop will equip you with skills for managing emails, forming groups, and crafting professional messages using effective email structures.

Zoom: <https://laccd.zoom.us/my/rosieaydedjian>

**SOCIAL MEDIA TIPS AND TRICKS  
OCT 9, NOV 13, DEC 11  
10:00AM - 11:00AM**

This workshop will explore the effective use of social media in your academic, professional, and personal life.

Zoom: <https://laccd.zoom.us/my/rosieaydedjian>

**JOB DEVELOPMENT WORKSHOP  
AVAILABLE BY APPOINTMENT  
TUES & THURS 7:00AM - 11:00AM**

Discover how to craft a polished resume, get ready for interviews, and uncover job search possibilities.

Zoom: <https://laccd.zoom.us/my/rosieaydedjian>

*\*This workshop is mandatory for all CalWORKs students participating in the Work-Study program.*

**WORK ETIQUETTE  
SEP 18, OCT 2, NOV 6, DEC 4  
10:00AM - 11:00AM**

Discover the key elements that characterize strong work ethics and the importance of upholding professionalism in the workplace.

Zoom: <https://laccd.zoom.us/my/rosieaydedjian>

**MATCHA W/ CALWORKS  
SEP 25, OCT 16, NOV 6, DEC 5  
12:00PM - 1:00PM**

Relax and unwind with us through this monthly self-care workshop. With guided meditation, engaging discussions, and more, students can feel calm during the semester.

**CalWORKs computer lab.**