

# Nutrition & Dietetics

## PROGRAM OVERVIEW

The Associate in Science in Nutrition and Dietetics for Transfer AS-T allows students interested in pursuing a degree in Nutrition and Dietetics to complete lower-division coursework required to transfer into the CSU system, which offers a Bachelor of Science degree in Nutrition and Dietetics. The study of Nutrition provides a broad foundation in a practical and personally applicable exposure to a variety of scientific areas of nutrition such as chemistry, biochemistry, microbiology, anatomy, physiology, and biology. The program also helps students understand the role of nutrition in disease prevention throughout the lifecycle and as an impact on society as a whole. The study of nutritional science contributes to preparing students for careers as nutritionists, registered dietitians (RD), food scientists, or other dietetics professionals.

## Program Learning Outcomes:

Students will be able to:

- ☐ Effectively demonstrate knowledge of nutrition science including an analysis of information sources, and an examination of the scientific method in relation to current nutrition research.
- ☐ Analyze and explain the relationship between diet, lifestyle, and health outcomes, within the framework of cultural and social influences.

## Degree Requirements

- ☐ Completion of 60 transferable semester units to the California State University.
- ☐ Obtainment of a minimum grade point average of 2.0 in all transferable coursework.
- ☐ Full completion of one of the following General Education patterns:
  - California State University General Education – Breadth Requirements (CSUGE).
  - The Intersegmental General Education Transfer Curriculum (IGETC) for CSU, with completion of Area 1C Oral communication (CSU admission requirement)
- ☐ A minimum of 26 semester units required for the major
- ☐ All courses in the major must be completed with a grade of “C” or better or a “P” if the course is taken on a “Pass-No Pass” basis (Title 5 § 55063)



## Nutrition & Dietetics

Associate in Science for Transfer  
Major: 26-28 units

## DEGREE COURSE REQUIREMENTS

Required Core courses		15 units
CHEM 101	General Chemistry I	5
HEALTH 006	Nutrition for Healthful Living And Fitness Activities	3
MICRO 020	General Microbiology	4
PSYCH 001	Introduction to Psychology	3

LIST A: Select two course		8-10 units
ANATOMY 001	Introduction to Human Anatomy	4
CHEM 102	General Chemistry II	5
CHEM 211	Organic Chemistry for Science Majors	5
MATH 227	Statistics	4
<b>OR</b>		
MATH 227S	Statistics with Support	(4)
PHYSIOL 001	Introduction to Human Physiology	4

LIST B: Select one course		3 units
ANTHRO 102	Human Ways of Life: Cultural Anthropology	3
MATH 245	College Algebra	3
SOC 001	Introduction to Sociology	3

<b>Total units</b>	<b>26-28</b>
CSU GE or IGETC Pattern	37-39
Transferable Electives as needed to reach 60 CSU units	
<b>Total Degree Units</b>	<b>60</b>

**NOTE:** The requirements for the AS-T in Nutrition and Dietetics for Transfer degree were chosen solely to meet similar degrees of the Transfer Model Curriculum in Nutrition and Dietetics and may not be adequate preparation for all CSU campuses or to institutions outside of the CSU system. It is critical for students interested in this major to work with their counselor to develop an individual academic plan.

**NUTRITION & DIETETICS AS-T:** Similar programs at local CSU campuses.

Chico	Nutrition and Food Sciences Nutrition Management, Food and Nutrition Communication General Dietetics	BS
Long Beach	Dietetics and Food Administration Nutrition and Dietetics	BS
Sacramento	Family and Consumer Sciences Nutrition and Food	BS
San Francisco	Nutrition and Dietetics Foods and Community Nutrition	BS
San Jose	Humanities      Liberal Arts Nutritional Science Applied Nutrition and Food Sciences	BA BS

**Declaring the major**

Meet with a counselor to set the following plans and majors in PeopleSoft. (Required to allow you to apply for graduation online.)

- Nutrition & Dietetics AST
- A.A. degree in Liberal Arts & Sciences: Emphasis in Mathematics, Physical and Natural Sciences
- CSU GE or IGETC Certificate of Achievement

**Preparing for Graduation**

Please log in to PeopleSoft Student Portal to fill out the appropriate application for the degree/certificate and submit it before the deadline.

- If you have attended any colleges or universities outside the Los Angeles Community College District and will be using coursework toward an associate degree, Certificate of Achievement or GE Certification, we require official transcripts to be on file with Admissions and Records. This also applies to any coursework taken within our District prior to Spring 1974. Transcripts from other institutions must be mailed directly to the Admissions & Records Office by the respective colleges for credit.
- If you are going to use courses from colleges or universities outside of the California Community College system, you should make an appointment with a counselor for a transcript evaluation to determine which courses can be used towards your degree or certification. It is highly recommended that all students who start at LATTC meet with a counselor to discuss their transfer educational goals.

**Applying for Graduation (Degree and Certificate)**

Log on to your PeopleSoft portal and navigate to:

***Academic Records > My Academics > Petition for Graduation***

- Apply within the first 6 weeks of the current semester.
- Applications submitted after deadline may be reviewed for the subsequent semester.