



LGBTQIA+

Resource Guide



LAHC
LOS ANGELES
HARBOR COLLEGE

Education Changes
Everything!



Local Resources

LGBTQ Center of Long Beach

<https://www.centerlb.org/>

Los Angeles LGBT Center

<https://lalgbtcenter.org/>

South Bay LGBTQ Center

<https://southbaycenter.wixsite.com/southbaylgbtcenter>

Bienestar

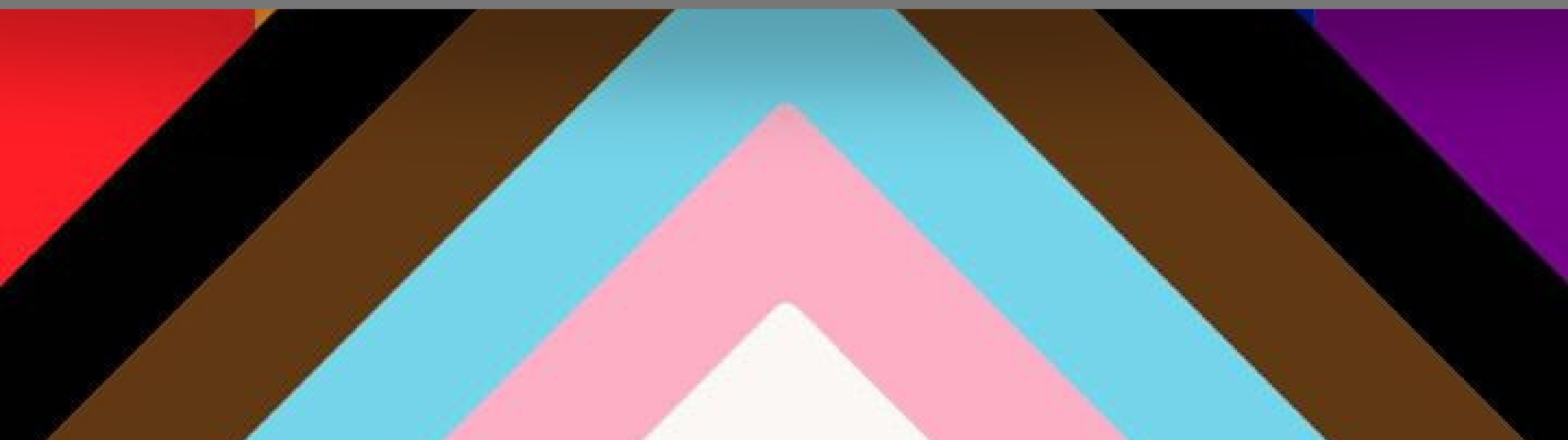
<https://www.bienestar.org/>

API Equality LA

<https://www.apiequalityla.org/>

On-Campus LGBT Centers

<https://www.lgbtcampus.org/find-an-lgbtq-campus-center>





Coming Out

Trevor Project Handbook

<https://www.thetrevorproject.org/wp-content/uploads/2019/10/Coming-Out-Handbook.pdf>

Coming out as Bisexual

<https://www.hrc.org/resources/resource-guide-to-coming-out-as-bisexual>

Coming out as Transgender or Non-Binary

<https://www.hrc.org/resources/coming-out-living-authentically-as-transgender-or-non-binary>

Coming out as a Latinx LGBTQ Person

<https://www.hrc.org/resources/coming-out-living-authentically-as-lgbtq-latinx-americans>

Coming out as a Black LGBTQ Person

<https://www.hrc.org/resources/coming-out-living-authentically-as-black-lgbtq-people>

Coming out as an Asian Pacific American LGBTQ Person

<https://www.hrc.org/resources/coming-out-living-authentically-as-lgbtq-asian-and-pacific-islander-america>





Transgender Resources

Trans Lifeline

<https://translifeline.org/>

LGBTQ Center of Long Beach

<https://www.centerlb.org/transhealth/>

Los Angeles LGBT Center

<https://lalgbtcenter.org/health-services/medical-services/transgender-health-program>

Transgender Law Center

<https://transgenderlawcenter.org/>

Trans Latina Coalition

<https://www.translatinacoalition.org/>

Los Angeles Gender Center

<https://www.lagendercenter.org/services-and-programs>

Brown Boi Project

<http://www.brownboiproject.org/>

Transforming Families

<https://www.transformingfamily.org/>





Intersex Resources

Intersex 101

<https://everydayfeminism.com/2014/05/intersex-101/>

<https://www.plannedparenthood.org/learn/gender-identity/sex-gender-identity/whats-intersex>

Intersex Campaign for Equality

<https://www.intersexequality.com/>

Intersex Society of North America

<https://isna.org/>





Asexual Resources

Trevor Project Definition and Information

https://www.thetrevorproject.org/trvr_support_center/asexual/

Campus Pride Asexual Resource Guide

<https://www.campuspride.org/resources/introduction-to-asexual-identities-resource-guide/>

The Asexual Visibility & Education Network

<https://www.asexuality.org/?q=overview.html>





Health Services

LAHC Student Health Center

https://effectiveness.lahc.edu/student_services/shc/SitePages/Home.aspx

LGBTQ Center of Long Beach

<https://www.centerlb.org/healthservices/>

Los Angeles LGBT Center

<https://lalgbtcenter.org/health-services>

Bienestar

<https://www.bienestar.org/health-services/>

South Bay Family Healthcare

<https://www.sbfhc.org/>





Know Your Rights

LGBTQ Rights

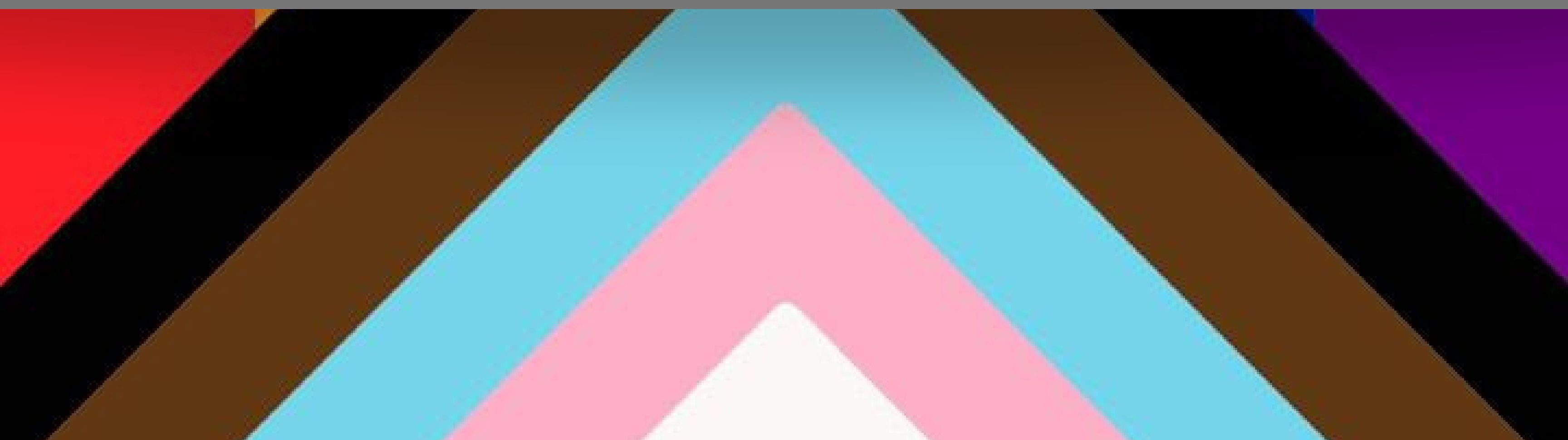
<https://www.aclu.org/know-your-rights/lgbtq-rights/>

LGBTQ Rights for Students

<https://www.aclu.org/other/know-your-rights-lgbtq-students>

Trans and Gender Nonconforming Students

<https://www.aclu.org/other/know-your-rights-guide-trans-and-gender-nonconforming-students>





Scholarships

Point Foundation

<https://pointfoundation.org/>

Best Colleges Database

<https://www.bestcolleges.com/financial-aid/lgbtq-scholarships/>

Human Rights Campaign Database

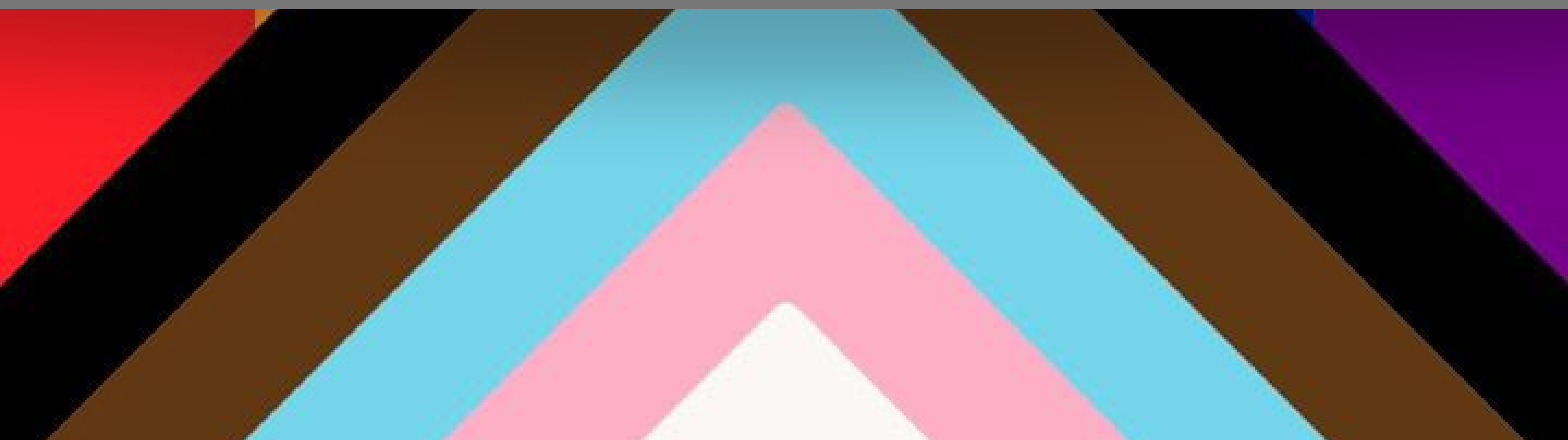
<https://www.hrc.org/resources/scholarships>

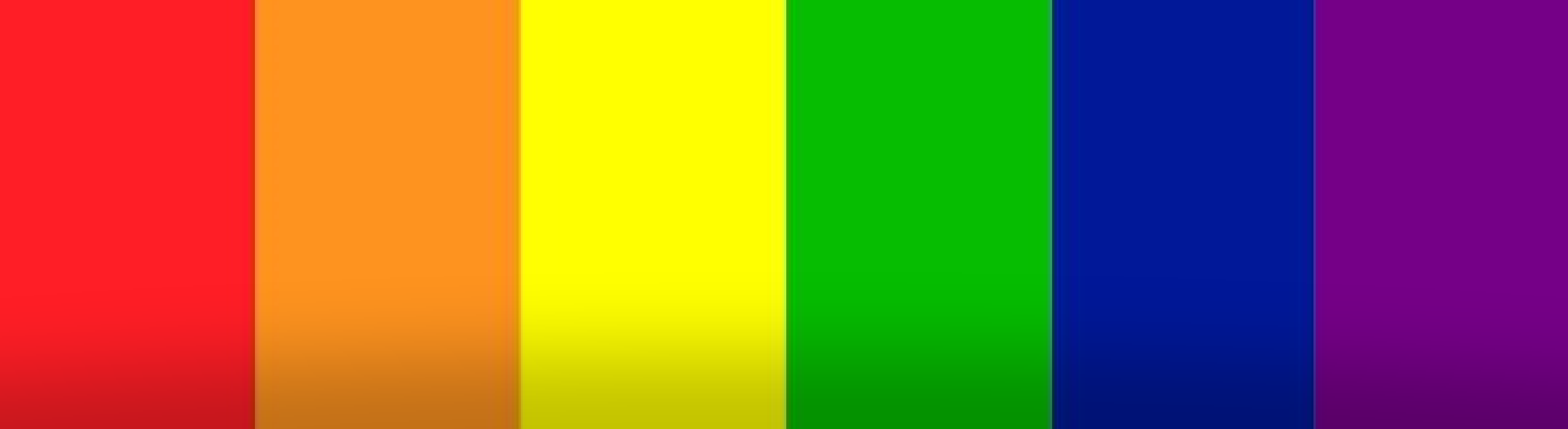
College Scholarships Database

<http://www.collegescholarships.org/scholarships/lgbt-students.htm>

Scholarships.com

<https://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-type/scholarships-for-gay-or-lesbian-students/>





Resources for Parents of LGBTQIA+ Youth

Our Daughters and Sons: Questions and Answers for Parents of Lesbian, Gay, Bisexual, and Transgender Youth and Adults (PFLAG)

https://pflag.org/sites/default/files/OUR%20CHILDREN_PFLAGNational_FINAL.pdf

Supporting Your LGBTQ Youth: A Guide for Foster Parents

<https://www.childwelfare.gov/pubPDFs/LGBTQyouth.pdf>

Helping Families to Support Their LGBT children

<https://familyproject.sfsu.edu/sites/default/files/FamilySupportForLGBTChildrenGuidance.pdf>





Ally Resources

Supporting Someone Coming Out to You

<https://ayr1as72agcddsn3cyd41uu9-wpengine.netdna-ssl.com/wp-content/uploads/2018/09/Coming-Out-Handout.pdf>

Coming Out as a Straight Supporter

https://assets2.hrc.org/files/assets/resources/Supporter_Guide_April_2014.pdf

LGBTQIA Ally Tips

<https://lgbtqia.ucdavis.edu/educated/ally-tips>





Starting a GSA at LAHC

Are you interested in starting a Gender Sexuality Alliance Club at LAHC? Here are some resources to help!

GSA Network Resource Packet

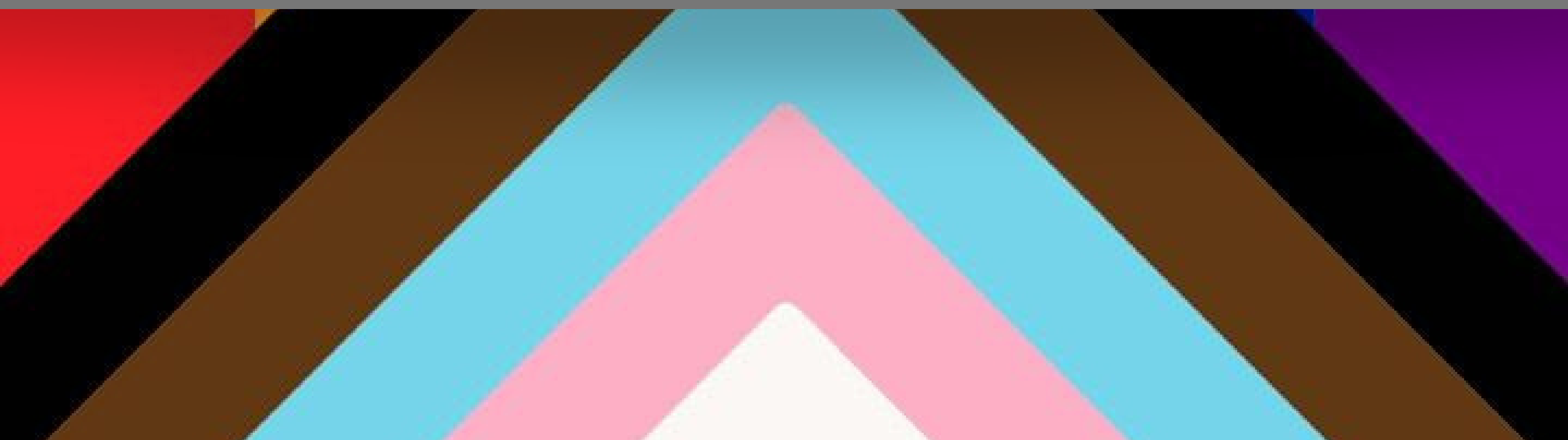
<https://gsanetwork.org/wp-content/uploads/2018/08/2019-Annual-Resource.pdf>

GSA Advisor Handbook

<https://gsanetwork.org/resources/advisor-handbook/>

LAHC Policies for Starting a Club

https://effectiveness.lahc.edu/student_services/ASO/SitePages/forms.aspx





Staff and Faculty Resources

LGBTQ Glossary of Terms <https://pflag.org/glossary>

Understanding Gender

<https://www.glaad.org/transgender/transfaq>

<https://everydayfeminism.com/2016/08/transgender-101/>

Understanding Sexuality

<https://www.plannedparenthood.org/learn/sexual-orientation/sexual-orientation>

Understanding Pronouns

<https://www.glsen.org/sites/default/files/GLSEN%20Pronouns%20Resource.pdf>

Developing LGBTQ-Inclusive Classroom Resources

<https://www.glsen.org/sites/default/files/2019->

[11/GLSEN_LGBTQ_Inclusive_Curriculum_Resource_2019_0.pdf](https://www.glsen.org/sites/default/files/2019-11/GLSEN_LGBTQ_Inclusive_Curriculum_Resource_2019_0.pdf)

