

- Demonstrate knowledge of converged media techniques including online and broadcast news writing.
- Assemble a print portfolio of published news articles and or photographs. Student may also collect digital samples of converged media work product such as online or Internet broadcast samples of work.

|              |                                 |                  |                              |
|--------------|---------------------------------|------------------|------------------------------|
| <b>Total</b> | <b>8-9</b>                      | JOURNAL 218      | Practical Editing (3)        |
| JOURNAL 101  | Collecting and Writing News (3) | or JOURNAL 217   | Publication Laboratory (2)   |
| JOURNAL 105  | Mass Communications (3)         | or JOURNAL 217-1 | Publication Laboratory I (2) |

### **Skills Certificate in Applied Journalism**

Major Code: 060200

The Skills Certificate in Applied Journalism is designed for students who wish to enter one of the Journalism career programs in the Los Angeles Community College District (such as the Journalism AA and AA-T programs at LACC, LAVC, and LASC). Journalism students are given practical experience designed to train them in desktop publishing skills and for editorial and photojournalism jobs on daily and weekly newspapers, magazines, trade journals and consumer publications. They also are prepared for work as freelance writers and as writers for television and radio news programs. The program will 1) introduce students to journalism pathways and careers, 2) provide practical experience necessary for a career in journalism, and 3) better prepare students for entry into a journalism pathway.

**Program Learning Outcomes:** Upon successful completion of this program, students will be able to:

- Research, write, and produce news stories for print or broadcast.
- Edit news stories for print, demonstrating mastery of Associated Press style.
- Demonstrate knowledge of converged media techniques including online and broadcast news writing.
- Demonstrate newsroom management skills.
- Assemble a print portfolio of published news articles and or photographs. Student may also collect digital samples of converged media work product such as online or Internet broadcast samples of work.

|                  |                              |               |                            |
|------------------|------------------------------|---------------|----------------------------|
| <b>Total</b>     | <b>8-9</b>                   | JOURNAL 217-2 | Publication Laboratory (2) |
| JOURNAL 218      | Practical Editing (3)        | JOURNAL 217-3 | Publication Laboratory (2) |
| or JOURNAL 217   | Publication Laboratory (2)   | JOURNAL 217-4 | Publication Laboratory (2) |
| or JOURNAL 217-1 | Publication Laboratory I (2) |               |                            |

## Kinesiology

formerly Physical Education

### **Associate in Arts in Kinesiology for Transfer (AA-T) Degree**

Major Code: 127000

The Student Transfer Achievement Reform Act (Senate Bill 1440, now codified in California Education Code sections 66746-66749) guarantees admission to a California State University (CSU) campus for any community college student who completes an “associate degree for transfer”, a newly established variation of the associate degrees traditionally offered at a California community college. The Associate in Arts for Transfer (AA-T) or the Associate in Science for Transfer (AS-T) is intended for students who plan to complete a bachelor’s degree in a similar major at a CSU campus. Students completing these degrees (AA-T or AS-T) are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept the AA-T or AS-T will be required to complete no more than 60 units after transfer to earn a bachelor’s degree (unless the major is a designated “high-unit” major). In order to earn the AA-T in Kinesiology, students must complete: a minimum of 18 semester units in the major (20-21 for this degree) with a grade of C or **P** or better while maintaining a minimum grade point average (GPA) of at least 2 in all CSU transferable coursework; 60 semester CSU-transferable units using the California State University-General Education-Breadth pattern (CSU-GE Breadth); OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern; no more than 60 semester units are required.

**Program Learning Outcomes:** Upon successful completion of the program, students will be able to:

- Demonstrate the principles and skills to develop a curriculum for the discipline of physical education.

*Program listings do not include basic skills prerequisites for college-level courses or prerequisites for GE courses. Numbers appearing in parentheses beside each course title represent course units. Courses may not be offered every term. Students are strongly advised to see a counselor prior to enrolling in any program.*

- Assess how National Mandates and Standards are needed to improve the physical education curriculum. Compare the fields of recreation, dance and sport. Explain how sub disciplines or fragmentations of physical education relate to health.
- Assess risk factors for stress, reproductive health, infectious diseases, major chronic diseases and personal safety.
- Demonstrate that diversity of career and professional opportunities are available in school and non-school setting.

|  |              |
|--|--------------|
| <b>Major (Core and Electives)</b>                                | <b>20-23</b> |
| <b>Additional CSU GE or IGETC Requirements</b>                   | <b>29-32</b> |
| <small>(Not including 7-11 double-countable major units)</small> |              |
| <b>Additional CSU-Transferable Units</b>                         | <b>7-10</b>  |
| <b>Total</b>   | <b>60</b>    |

### Core (17-18 units)

|                       |  |
|-----------------------|--|
| ANATOMY 1             | Human Anatomy (4)  |
| HEALTH 12             | Safety Education and First Aid (3)                                 |
| MATH 227<br>or STAT 1 | Statistics (4)<br>Elementary Statistics for Social<br>Sciences (3) |
| PE 712                | Introduction to Physical<br>Education (3)                          |
| or KIN MAJ 100        | Introduction to Kinesiology (3) <sup>+</sup>                       |
| PHYSIOL 1             | Introduction to Human Physiology (4)                               |

### Electives (3-5 units: 1 course from at least three of the following areas)

#### Combatives

PE 238 Self Defense Skills (1)

#### Dance

PE 440 Social Dance (1)  
DANCETQ 141 Modern Dance Techniques I (1)<sup>+</sup>

#### Fitness

HEALTH 2 Health and Fitness (3)

#### Individual Sports

PE 259 Golf Skills (1)  
PE 304 Basketball Skills (1)  
PE 322 Volleyball Skills (1)  
PE 328 Softball Skills (1)

KIN 229-2 Body Conditioning 2 (1)<sup>+</sup>  
KIN 245-1 Body Dynamics Skills 1 (1)<sup>+</sup>  
KIN 245-2 Body Dynamics Skills 2 (1)<sup>+</sup>  
KIN 272 Track and Field Skills (1)<sup>+</sup>

<sup>+</sup>May be substituted by petition

## Certificate of Achievement in Physical Education

Major Code: **083500**

See the program learning outcomes listed under the associate's degree in this subject.

|                      |                                   |
|----------------------|-----------------------------------|
| <b>Total</b>         | <b>21</b>                         |
| ANATOMY 1            | Introduction to Human Anatomy (4) |
| KIN 217-1            | Self Defense Skills I (1)         |
| KIN 217-2            | Self Defense Skills II (1)        |
| KIN 229-1            | Body Conditioning Skills I (1)    |
| KIN 229-2            | Body Conditioning Skills 2 (1)    |
| KIN 250-1            | Weight Training Skills I (1)      |
| KIN 250-2            | Weight Training Skills II (1)     |
| <del>KIN 268-1</del> | <del>Golf Skills I (1)</del>      |
| <del>KIN 268-2</del> | <del>Golf Skills 2 (1)</del>      |
| KIN 272              | Track and Field Skills (1)        |
| KIN 287-1            | Basketball Skills 1 (1)           |

KIN 287-2 Basketball Skills 2 (1)  
KIN 291-1 Volleyball Skills I (1)  
KIN 291-2 Volleyball Skills II (1)  
KIN 349 Stress Reduction for Physical  
Efficiency (2)  
KIN 350-1 Weight Training I (1)  
KIN 350-2 Weight Training 2 (1)  
KIN MAJ 119 Physical Education – Physical  
Efficiency (2)

*Effective Fall 2017*

## Skills Certificate in Fitness Training

Major Code: **083500**

Content and curriculum within each course in the program is designed to present the student with the knowledge, skills and abilities to become a successful Personal Fitness Trainer. Students will learn how to apply their client's health history, goals, and abilities integrating exercise science curriculum and practical training techniques into a systematic model that teaches students to progress their clients through different training levels and phases. The Certificate Program is designed to supply essential educational pathways and career opportunities to those seeking to start a career in the emerging fitness/health industry, and for allied health and medical professionals from all fields seeking to broaden their

Updated program learning outcomes may appear on one or both of the following websites: <http://www.lahc.edu/slo/program.html> and/or [https://effectiveness.lahc.edu/cpc/haps/SitePages/2015-18\\_SLO-SAO\\_Assessment.aspx](https://effectiveness.lahc.edu/cpc/haps/SitePages/2015-18_SLO-SAO_Assessment.aspx). If so, those listed on the latter site supersede all others.

careers to become full or part-time personal Fitness Trainer. See the program learning outcomes listed under the associate's degree in this subject.

|              |                                    |                              |  |
|--------------|------------------------------------|------------------------------|--|
| <b>Total</b> | <b>17</b>                          | KIN MAJ 119                  | Physical Efficiency (2)                    |
| ANATOMY 1    | Introduction to Human Anatomy (4)  | KIN 10                       | Scientific Physical Fitness Laboratory (1) |
| or BIOLOGY 5 | Introduction to Human Biology (4)  | KIN 250-1                    | Weight Training Skills I (1)               |
| COMM 101     | Public Speaking (3)                | or KIN 250-2                 | Weight Training Skills II (1)              |
| or COMM 121  | Interpersonal Communication (3)    | <i>Effective Spring 2017</i> |  |
| FAM & CS 21  | Nutrition (3)                      |                              |  |
| HEALTH 12    | Safety Education and First Aid (3) |                              |  |

## Liberal Arts and Sciences

also see General Education and Liberal Studies

### Associate in Arts in Liberal Arts and Sciences Degrees

The Associate in Arts in Liberal Arts and Sciences degrees are designed for students who desire a broad base of knowledge in the liberal arts and sciences.

**Program Learning Outcomes:** Upon successful completion of the program, a student will be able to...

- Demonstrate proficiency in verbal communication.
- Employ numeracy and quantitative reasoning to solve problems.
- Differentiate between facts and opinions and identify biases and logical fallacies in sources of information.
- Demonstrate the ability to form conclusions based on the analysis of evidence.
- Describe social constructs that guide ethical decision-making.
- Describe the role of human events and forms of expression in shaping society.

### Associate in Arts in Liberal Arts and Sciences: Arts and Humanities Degree

Major Code: 490313

The courses in this area emphasize the study of cultural, literary, humanistic, and artistic expression of human beings. Students will evaluate and interpret the ways in which people through the ages in different cultures have responded to themselves and the world around them with respect to artistic and cultural creation. Students will also learn to value aesthetics and incorporate these concepts when constructing value judgments. The Arts and Humanities concentration allows students to take courses that will prepare them for possible majors within the fields of Art, Foreign Languages, Humanities, Music, Philosophy and more. See the program learning outcomes listed under the subject heading.

|  |              |   |
|--|--------------|---|
| <b>Major</b>   | <b>18</b>    | FRENCH 1, 2, 3  |
| <b>Additional LACCD GE Requirements</b>  | <b>9-21</b>  | HISTORY 81, 82, 86, 87  |
| <small>(Not including 0-12 double-countable major units. Students wishing to transfer are advised to use either the CSU GE or IGETC plan instead.)</small> |              |   |
| <b>Additional Degree-applicable Requirements</b>   | <b>21-33</b> | HUMAN 1, 6, 17, 60  |
| <b>Total</b>   | <b>60</b>    | JAPAN 1, 21, 22   |
|  |              | MUSIC 101, 111, 116, 141, 216-1, 2, 3, and 4, <b>217-1, 2, 3, and 4</b> |
|  |              | PHILOS 1, 6, 20, 33   |
|  |              | PHOTO 121   |
|  |              | SPANISH 1, 2, 3, 4, 12, 21, 22, 35, 36                                  |
|  |              | THEATER 100, 200, 270, 300  |

**(Choose 18 units minimum)**

ARC 132, 133  
 ART 100, 101, 102, 103, 111, 201, 300, 501, 502, 639, 713  
 COMM 101, 104, 121, 122, 151, 190  
 DANCEST 805  
 ENGLISH 102, 127, 203, 204, 205, 206, 207, 208, 209, 211, 214, 215, 218, 219, **223**, 234, 239, 240, **251, 260, 265, 270**.

*Program listings do not include basic skills prerequisites for college-level courses or prerequisites for GE courses. Numbers appearing in parentheses beside each course title represent course units. Courses may not be offered every term. Students are strongly advised to see a counselor prior to enrolling in any program.*