

Application for Award SKILLS CERTIFICATE IN FITNESS TRAINING

Major Code: 083500



Instructions to student:

1. Please complete this form.
2. Attach copies of your transcripts which include classes required for this certificate.
3. Return your completed application to Admissions & Records (SSA 218) 310-233-4020.
4. A notice will be sent to you by email once your application is reviewed and processed.

Course	Name	Units	Grade	Semester Completed	Year Completed
ANATOMY 1	Introduction to Human Anatomy	4			
or BIOLOGY 5	Introduction to Human Biology	4			
COMM 101	Public Speaking	3			
or COMM 121	Interpersonal Communication	3			
FAM &CS 21	Nutrition	3			
HEALTH 12	Safety Education and First Aid	3			
KIN MAJ 119	Physical Efficiency	2			
KIN 10	Scientific Physical Fitness Laboratory	1			
KIN 250-1	Weight Training Skills I	1			
or KIN 250-2	Weight Training Skills II	1			
Total Units		17			

Student Name: _____

Student ID Number: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

By signing below I certify that all information is true and correct to the best of my knowledge.

Signature: _____ Date: _____

FOR OFFICE USE ONLY

Do not write in this box

☐ Granted

☐ Denied

☐ Pending

Notes: _____

Reviewed by: _____

on date: _____

Student notified by email on date: _____

Application for Award CERTIFICATE OF ACHIEVEMENT IN PHYSICAL EDUCATION

Major Code: 083500



Instructions to student:

1. Please complete this form.
2. Attach copies of your transcripts which include classes required for this certificate.
3. Return your completed application to Admissions & Records (SSA 218) 310-233-4020.
4. A notice will be sent to you by email once your application is reviewed and processed.

Course	Name	Units	Grade	Semester Completed	Year Completed
ANATOMY 1	Introduction to Human Anatomy	4			
KIN 217-1	Self Defense Skills	1			
KIN 217-2	Self Defense Skills II	1			
KIN 229-1	Body Conditioning Skills I	1			
KIN 229-2	Body Conditioning Skills 2	1			
KIN 250-1	Weight Training Skills I	1			
KIN 250-2	Weight Training Skills II	1			
KIN 272	Track and Field Skills	1			
KIN 287-1	Basketball Skills 1	1			
KIN 287-2	Basketball Skills 2	1			
KIN 291-1	Volleyball Skills I	1			
KIN 291-2	Volleyball Skills II	1			
KIN 349	Stress Reduction for Physical Efficiency	2			
KIN 350-1	Weight Training I	1			
KIN 350-2	Weight Training 2	1			
KIN MAJ 119	Physical Education - Physical Efficiency	2			
Total Units		21			

Student Name: _____

Student ID Number: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

By signing below I certify that all information is true and correct to the best of my knowledge.

Signature: _____ Date: _____

FOR OFFICE USE ONLY

Do not write in this box

☐ Granted

☐ Denied

☐ Pending

Notes: _____

Reviewed by: _____

on date: _____

Student notified by email on date:
