



**Los Angeles City College
Drug Free Schools and Campuses Regulations
Education Department General Administrative Regulations
(EDGAR) Part 86**

2020 Biennial Review Report

INTRODUCTION

To comply with Drug Free Schools and Campuses Regulations [EDGAR Part 86], the Biennial Review Committee (BRC) met on October 28, 2020 to review and update the content of Los Angeles City College's Drug and Alcohol Prevention Program (DAAPP) and the consistency of policy enforcement. The BRC is comprised of Joe Exnowski (Life Skills), Elio Vasquez (Faculty) and Jeremy Villar (Chair).

At this meeting, BRC agreed administer a Substance Abuse survey for dissemination to all actively enrolled students in fall 2020. The 10-question on-line survey was conducted from November 2, 2020 through November 22, 2020. The BRC met again on December 10, 2020 to review the survey outcomes and update the strategies to improve the campus DAAPP program.

The BRC utilized the "Complying with the Drug-Free Schools and Campuses Regulations" manual (<http://files.eric.ed.gov/fulltext/ED514322.pdf>) was utilized for reference.

Meeting notes were taken and final 2020 Biennial Review Report was prepared by Dr. Jeremy Villar.

OBJECTIVES

The tasks of the Biennial Review Committee, as outlined by the U.S. Department of Education's Complying with the Drug-Free Schools and Campuses Regulations manual, are

1. To determine the effectiveness of, and to implement any needed changes to, the campus Drug and Alcohol Prevention Program, including current policy, enforcement measures, prevention and intervention programming; and
2. To ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

To facilitate these tasks, the Biennial Review Committee utilized the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist. The results of the checklist review and discussion are provided in this report.



PART 86, DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program?
If yes, where is it located?

Yes. An electronic copy of the institution's Drug and Alcohol Prevention Program is available on the Consumer Information & Student Right-To-Know section of the college website. A hard copy of the document is also available in the Financial Aid Office, the Office of Vice President of Administrative Services, the Office of Vice President of Student Services office, the Office of Vice President of Academic Affairs, and the Office of the President.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following information:

- Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities
Students: **Yes** Staff and Faculty: **Yes**
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
Students: **Yes** Staff and Faculty: **Yes**
- A description of applicable legal sanctions under local, state, or federal law
Students: **Yes** Staff and Faculty: **Yes**
- A description of applicable counseling, treatment, or rehabilitation or re-entry programs
Students: **Yes** Staff and Faculty: **Yes**
- A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions
Students: **Yes** Staff and Faculty: **Yes**

COMMENTS: The above information is included on the Drug and Alcohol Prevention Program and 2018 Annual Security Report. Both documents are to be distributed to all active students and employees. Information on disciplinary sanctions and standards of student conduct are available on the campus Student Conduct and Discipline Procedure webpage.

3. Are the above materials distributed to students in one of the following ways?
 - E-mailed to each student each academic term – **Yes**
 - Through faculty and staff email address – **Yes**
 - Class schedules on the college website – **Yes**
 - During freshman and new student orientation – **Yes**
 - In another manner (describe) – **Posted on the various Student Service Offices and the Associated Student Government office.**
4. Does the method of distribution provide adequate assurance that each student receives the materials annually? **Yes**



COMMENTS: *The campus distributes the information via email every semester, right after census which typically occurs at the beginning of the 3rd week of the term.*

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

COMMENTS: *To capture students who register in late-starting and short-term classes, the campus will also plan to disseminate the information during the 12th week of the term. The information will continually be available on the campus website.*

6. Are the above materials distributed to staff and faculty in one of the following ways?

- E-mail
Staff: **Yes** Faculty: **Yes**
- During new employee orientation
Staff: **Yes** Faculty: **Yes**
- In another manner (describe) – *The campus plans to distribute the above materials in the various Academic Affairs, Administrative Services, and Student Services offices.*

7. Does the method of distribution provide adequate assurance that each staff and faculty member receive the materials annually?

Students: **Yes** Staff and Faculty: **Yes**

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Students: **Yes** Staff and Faculty: **Yes**

9. In what ways does the institution conduct Biennial Reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

- Conduct student alcohol and drug use survey:
Students: **Yes** Staff and Faculty: **Yes**
- Conduct opinion survey of its students, staff, and faculty
Students: **Yes** Staff and Faculty: **Yes**
- Evaluate comments obtained from a suggestion box
Students: **N/A** Staff and Faculty: **N/A**
- Conduct focus groups
Students: **N/A** Staff and Faculty: **N/A**
- Conduct intercept interviews
Students: **N/A** Staff and Faculty: **N/A**
- Assess effectiveness of documented mandatory drug treatment referrals for students and employees
Students: **Yes*** Staff and Faculty: **Yes***
- Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees
Students: **Yes** Staff and Faculty: **Yes**
- Other (please list) — ** May be limited due to the protection of individual rights to privacy and confidentiality.*



10. Who is responsible for conducting these Biennial Reviews?

***Vice-President of Student Services
Dean of Student Services***

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the Biennial Review?

Yes, a copy of the 2020 Drug and Alcohol Prevention Program and Biennial Review Report are available on the college website, under the Consumer Information and Student Disclosure section.

12. Where is the Biennial Review documentation located?

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A copy of the 2020 Biennial Review Report is available on-line at the Consumer Information & Student Disclosure section of the college website.

COMMITTEE DISCUSSION

In addition to completing the Part 86, Drug-Free Schools and Campuses Regulations Compliance Checklist, committee members addressed each of the discussion questions below and provided information pertinent to these items.

1. What are the current alcohol and other drug programs (policy, enforcement measures, prevention, and intervention activities) in place at Los Angeles City College, and are they effective in preventing and reducing the illegal use of alcohol and other drugs on campus?

The current campus drug and alcohol policies, enforcement measures, prevention, and intervention activities are described in the 2019 Los Angeles City College (LACC) Annual Security Report, which was last updated on November 30, 2020. The 2020 LACC Annual Security Report has been disseminated to students and employees by making a digital copy of the document available on the campus website.

The LACC Substance Use Survey conducted in fall 2020 provided the BRC with information about usage of tobacco, alcohol and other drugs among students of Los Angeles City College. A total of 178 students completed the survey. Below are some general findings noted by the BRC from their review of survey outcomes:

- Majority of survey respondents indicated to have never used tobacco, alcohol, and other drugs in their lifetime. Among those who reported usage of 10+ occasions, cigarettes, electronic vapor products, alcohol, and marijuana, were identified as the most commonly used substance.
- Majority of respondents reported to have not used an electronic vapor product. Among those



who reported consuming electronic vapor products, users identified THC and Nicotine as the most commonly used.

- Majority of survey respondents reported not having 4 or more alcoholic drinks in a row.
- Among those who reported consuming alcohol, the location of consumption was at off-campus house.
- The most common reasons given by those who drink alcohol beverages are to relax or relieve tension and to have a good time with friends.
- While a third of survey respondents did not report mental health issues in the past 30 days, those who reported having mental health issues 6 or more times have a high number than the other groups. In the past 12 months, 38% of survey respondents reported feeling sad or hopeless daily for two weeks that resulted in stopping of regular activities. During the same period, 19% of the respondents seriously considered attempting suicide.
- Survey respondents identified support groups, therapist access through telehealth, support groups on campus, community resource referrals, informational workshops and informational pamphlets as student services support they would like the college to offer to prevent drug and alcohol abuse among students.

Based on the survey outcomes, the Biennial Review Committee (BRC) has made the following recommendations to improve program effectiveness in preventing and reducing the illegal use of alcohol and drugs on campus:

- Make available online tele-health assist students seeking substance abuse and mental health services
 - Increase outreach and campus activities to promote student health and mental wellness
 - Restart the Sobriety Club, an alcoholic anonymous group on campus with support from the Psychology Department
 - Dissemination of survey results to Associated Student Government (ASG) to enhance partnership in the planning for the Spring Health and Wellness Fair
2. Are the current disciplinary sanctions in place for conduct violations with regard to alcohol and other drug use at the Los Angeles City College consistently enforced?

Los Angeles City College consistently enforces disciplinary sanctions to address conduct violations with regard to alcohol and drug abuse in compliance with the Los Angeles Community College District (LACCD) student conduct on campus and student discipline board rules. The process is documented on the campus Drug and Alcohol Prevention Program document.

3. Looking to the future, what new ideas, strategies and/or partnerships could Los Angeles City College pursue in order to more effectively address the illegal use of alcohol and other drugs on campus?

Los Angeles City College should make online tele-health widely available, especially to address student mental health issues. The campus should encourage collaboration between the Associated Student Government (ASG), Psychology Department, Life Skills, Health and Wellness and the Office of Student Life to provide support groups and informational workshops to address substance usage among students. Finally, the campus should promote the availability of Health and Wellness Center and Life-Skills program.



The BRC members agreed to forward any new community resources to the chair for addition to the campus Drug and Alcohol Prevention Program.

The Biennial Review Committee meeting ended at 3:30 pm on December 10, 2020.

Date: December 18, 2020

Dr. Mary Gallagher
President, Los Angeles City College



PRESENTED BY: JEREMY VILLAR

LOS ANGELES CITY COLLEGE
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OVERVIEW

The fall 2020 Biennial Substance Abuse Survey was conducted from November 2 through November 22, 2020. The survey was sent via email to Fall 2020 active students.

Majority of survey respondents indicated to have never used tobacco, alcohol, and other drugs in their lifetime. Among those who reported usage of 10+ occasions, marijuana, alcohol, electronic vapor and cigarettes were identified as the most commonly used substance. Among users of electronic vapor products, THC and Nicotine were identified preferred choice. Survey respondents who consume alcohol and marijuana reported using the substance before entering college.

The majority of survey respondents reported not having 4 or more alcoholic drinks in a row. Among those who reported consuming alcohol, the location of consumption was at off-campus house or, apartment. The most common reasons given by those who drink alcohol beverages are to relax or relieve tension and to have a good time with friends.

While 21% of survey respondents did not report mental health issues in the past 30 days, 33% reported having mental health issues 6 or more times. In the past 12 months, 38% of survey respondents reported feeling sad or hopeless daily for two weeks that resulted in stopping of regular activities. During the same period, 19% of the respondents seriously considered attempting suicide.

Survey respondents identified remote access to therapist, support groups on campus, community resource referrals and informational pamphlets as health services they would like the college to offer to prevent drug and alcohol abuse among students.

The Biennial Review Committee met on December 10, 2020 to review the survey results. The committee was composed of Joe Exnowski (Life Skills Center), Elio Vasquez (Faculty), and Jeremy Villar (Chair). Based on the survey results, the committee has made the following recommendations to strengthen the LACC Drug and Alcohol Prevention Program:

- Provide online tele-health to increase student access substance abuse and mental health resources
- Develop campus support groups that addresses substance abuse and mental health issues
- Review available community resources and promote to students
- Make available informational pamphlets that addresses substance abuse and mental health issues
- Dissemination of survey results to Associated Student Government (ASG) and Student Services Units to raise campus awareness
- Promotion and marketing of the Life-Skills workshops and the campus Health & Wellness Center services to students

Fall 2020 LACC Substance Use Survey (N-178)

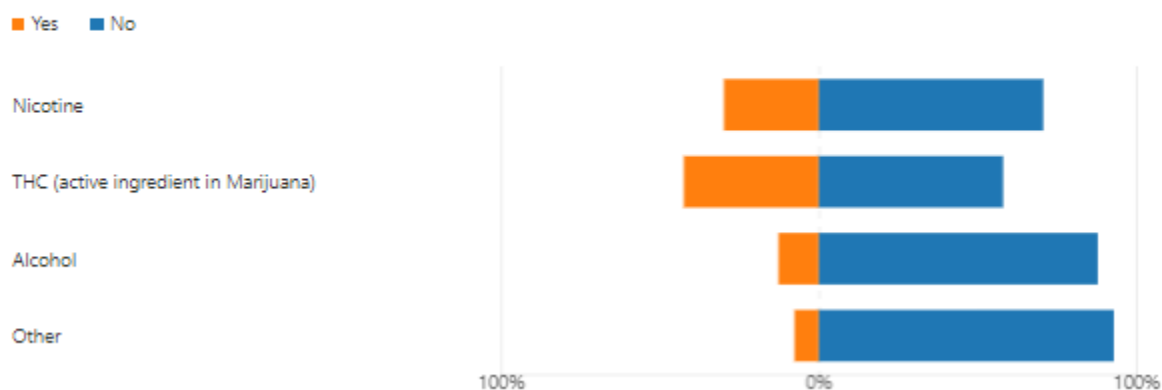
1. Within the past 30 days, on how many occasions (if any) did you use...? (Mark one circle for each line.)

[More Details](#)



2. Have you ever used electronic vapor products for...?

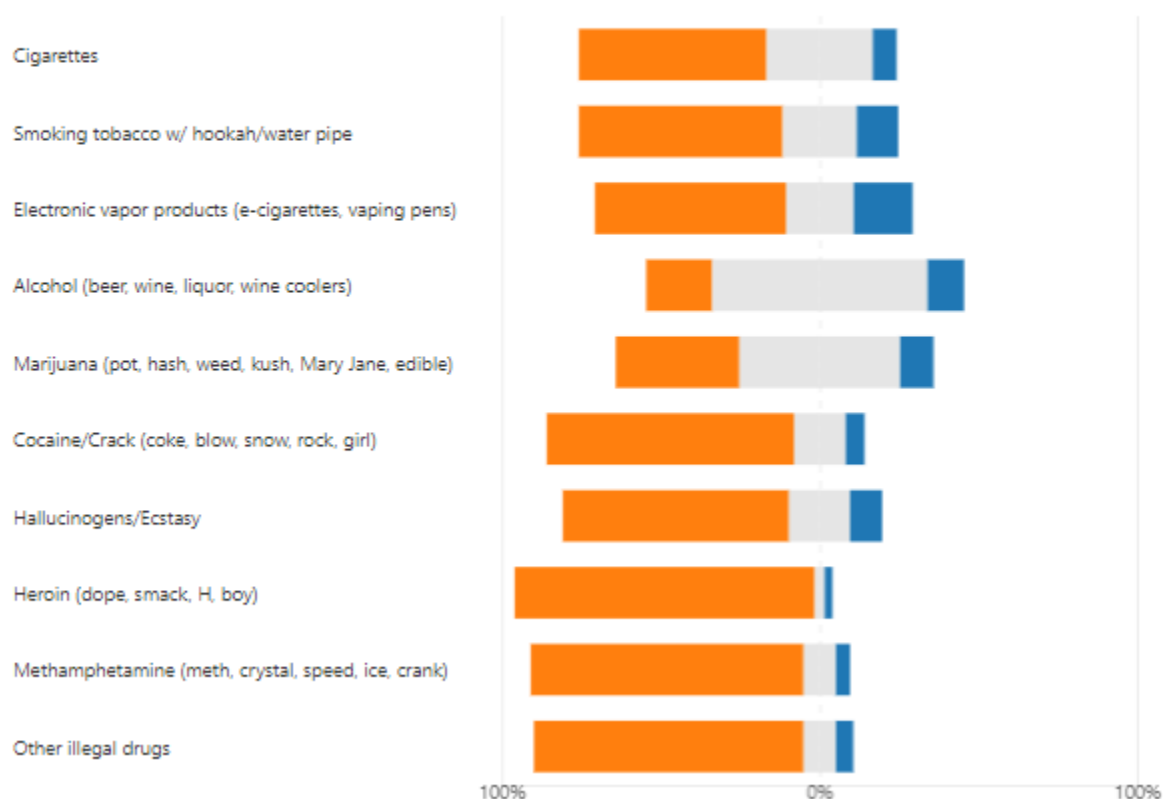
[More Details](#)



3. When did you first use...?

[More Details](#)

■ Never used ■ Before starting college ■ After starting college



4. Think back over the last two weeks. How many times have you had 4 or more alcoholic drinks in a row? Mark only one circle.

[More Details](#)

[Insights](#)

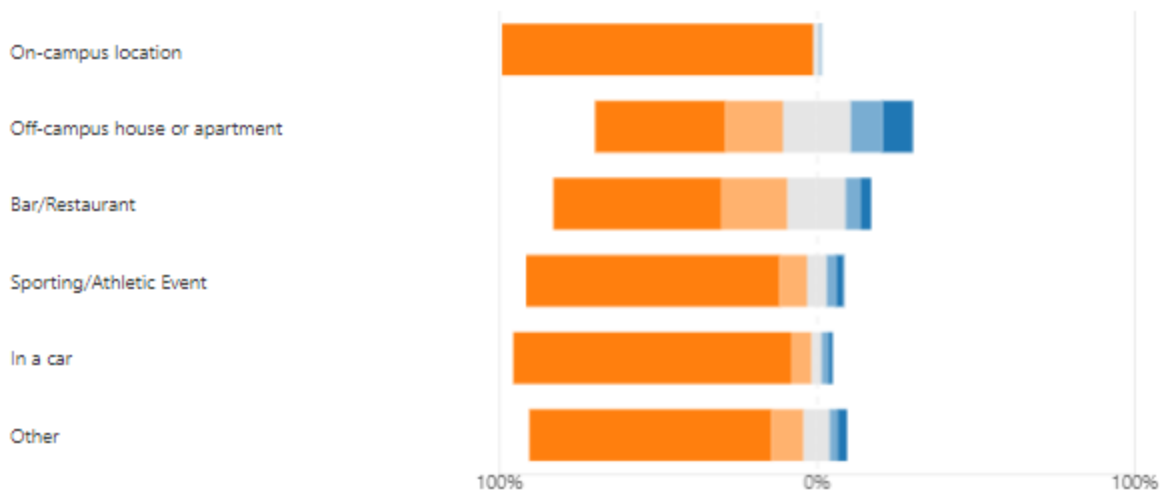
● Never	124
● Once	25
● Twice	14
● 3-5 Times	11
● 6 or more times	3



5. In the past 12 months, how often did you drink alcohol at the following locations? Mark only one circle per row.

[More Details](#)

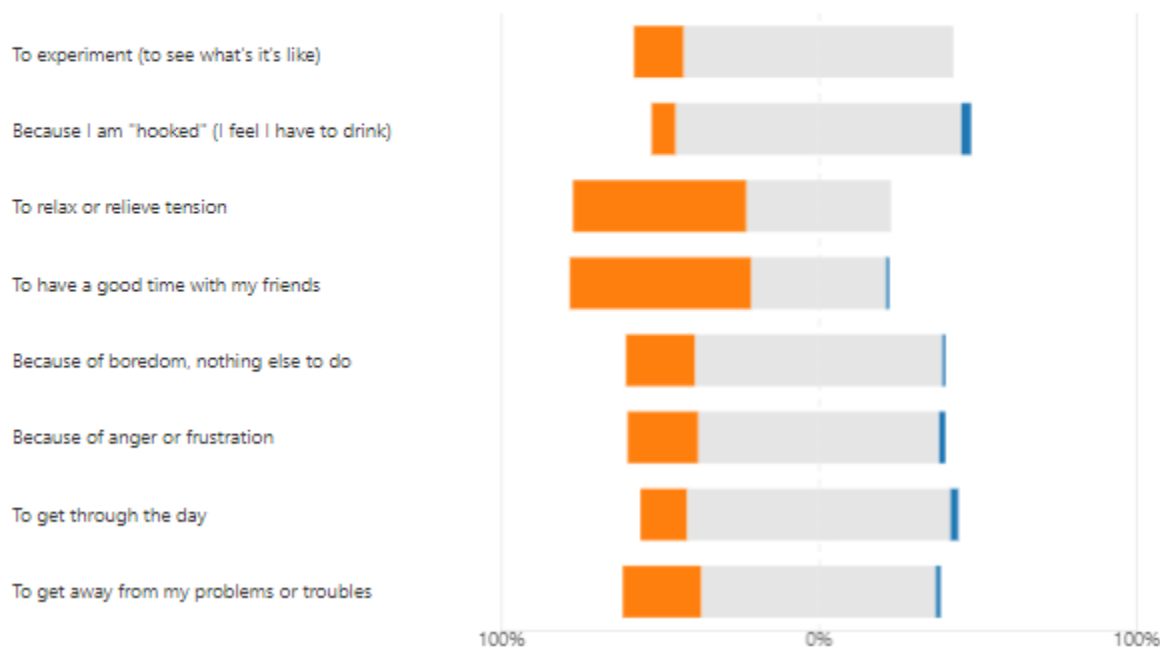
Never Rarely Sometimes Often Always



6. In the past 12 months, did you drink alcoholic beverages for any of the following reasons? Mark only one circle per row.

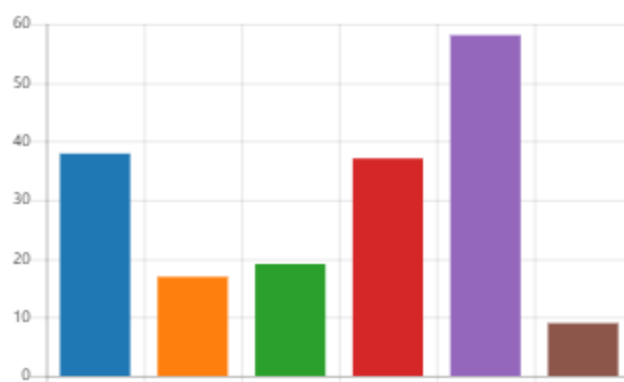
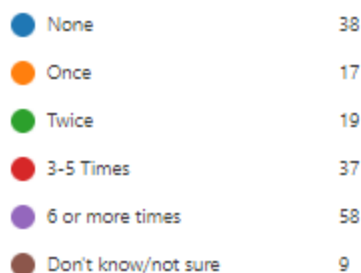
[More Details](#)

Yes No Unsure



7. Thinking about your mental health (including stress, depression, and problems with emotions), for how many days during the past 30 days was your mental health not good? Mark only one circle.

[More Details](#)



8. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing regular activities? Mark only one circle.

[More Details](#)

[Insights](#)



9. During the past 12 months, have you ever consider attempting to commit suicide? Mark only one circle.

[More Details](#)



10. What type of student services support would you like LACC to offer for the purpose of preventing drug and alcohol abuse among students?

[More Details](#)

