

Student Name \_\_\_\_\_

Student ID \_\_\_\_\_

Date \_\_\_\_\_

**East Los Angeles College**  
**2025-2026 Associate Degree for Transfer (ADT)**  
**Associate in Arts in Kinesiology for Transfer Degree (AA-T)**

Students completing the Associate in Arts in Kinesiology for Transfer Degree will have satisfied the lower division major preparation for bachelor's degrees in similar majors as determined by California State University (CSU) campuses and are guaranteed admission with junior status to the California State University system, although not to a particular campus or major. Students can use the website ADT Search by CSU Campus to find CSU campuses that accept ADT degrees as being similar to their bachelor's degree majors:

<https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx>

To earn an Associate Degree for Transfer, students must complete 60 semester units (90 quarter units) of coursework that is transferable to the California State University with an overall GPA of 2.0 or higher, and also complete each of the following requirements: 1. Major/Area of Emphasis: A minimum of 18 semester units (27 quarter units) of coursework, with a C or higher earned in each course or P if taken on a Pass/No Pass basis, as required by the Los Angeles Community College District (LACCD) (Title 5 §55062); 2. General Education: Completion of the California General Education Transfer Curriculum (Cal-GETC) course requirements, with a C or higher earned for each course or P if taken on a Pass/No Pass basis (34 semester/45 quarter units); 3. Residency: A minimum of 12 semester units must be completed within the LACCD (Title 5 §55062).

**Academic Plan Code: E031017G**

**Degree Requirements:** 60 CSU transferable units with a 2.0 GPA. Major courses must be passed with a minimum grade of "C" (or "P"). Completion of Cal-GETC is required. *Complete additional CSU units, if needed, to reach 60 CSU transferable units.*

<b>Required Core: (14 units)</b>		<b>C</b>	<b>IP</b>	<b>N</b>
KIN MAJ 100	Introduction to Kinesiology (3 units) Course from other college: _____			
ANATOMY 001 and PHYSIOL 001 or BIOLOGY 020	Introduction to Human Anatomy (4 units) Introduction to Human Physiology (4 units) Human Anatomy and Physiology (8 units) Course(s) from other college: _____			
<b>Movement-based Courses: (3 units)</b> Select a maximum of one activity course from any <b>three</b> of the following areas:				
<b>Aquatics:</b> KIN 201, 301-1, 301-2, 303, 307				
<b>Combatives:</b> KIN 338-1, 338-2				
<b>Dance:</b> DANCETQ 111, 112, 121, 122, 141, 142, 171, 172, 211, 212, 321, 322, 411, 412, 421, 422, 570;				
<b>Fitness:</b> DANCETQ 181, 182, 221, 222; KIN 229, 247, 250, 327-1, 328-1, 328-2, 330-1, 330-2, 331-1, 334-1, 336-1, 336-2, 339-1, 339-2, 346-1, 350-1, 350-2				
<b>Individual Sports:</b> KIN 366-1, 366-2, 370, 371-1				
<b>Team Sports:</b> KIN 386-1, 386-2, 387-1, 387-2, 388, 389-1, 390-1, 390-2, 391-1				
Course(s) from other college: _____				
<b>List A: Select two (6 units)</b>				
BIOLOGY 003; CHEM 051 or 065 or 101; HEALTH 012; STAT C1000 ( <i>formerly MATH 227</i> ), STAT C1000E ( <i>formerly MATH 227S</i> ), BUS 015, ECON 020, PSYCH 091 or SOC 125; PHYSICS 006 or 021 or 101; PSYC C1000 ( <i>formerly PSYCH 001</i> ) or SOC 001				
Course(s) from other college: _____				
<i>Note: only one CHEM course may be chosen. Only one statistics course may be chosen.</i>				
<b>Total Units for the Major: 20-23</b>				
<b>General Education: Full completion of GE required</b>				
<input type="checkbox"/> Cal-GETC Note: Major courses may be double counted towards general education.				
<b>Completion of 60 CSU transferable units</b>				

ELAC Course Identification Number (C-ID) Reference Chart

ELAC Course	C-ID Descriptor #	ELAC Course	C-ID Descriptor #
ANATOMY 001	BIOL 110B	KIN MAJ 100	KIN 100
BIOLOGY 020	BIOL 115BS	STAT C1000 or STAT C1000E or BUS 015	MATH 110
CHEM 065	CHEM 101	PHYSICS 006	PHYS 105
CHEM 101	CHEM 110	PHYSIOL 001	BIOL 120B
HEALTH 012	KIN 101		

09/2025